



WORK-STUDY PROGRAM Participant Application 2010

Overview

Our Work-Study Program is designed to provide the experience of living in an intentional community committed to spiritual growth as we provide space for others to heal and grow. During their stay, participants will assist in the daily operations of Easton Mountain and will be provided with opportunities for spiritual practice during their stay.

We strive to create a peaceful and warm environment on our “campus”. When you join us during your work-study visit, you are part of the staff of Easton Mountain. For all of us on the staff, service to our guests is paramount. This means ensuring that guest needs and requests are accommodated pleasantly and kindly. It also means making sure that each and every guest attending our workshops—regardless of age, background, or body type—feels welcomed and valued.

Work-Study participants help with any number of tasks, although in part we try to connect some of those with individual skills. Daily tasks might include: basic kitchen assistance (including simple food preparation, and dining hall set-up and clean-up); preparing meeting spaces for various workshop sessions; cleaning facilities between programs; providing general office/ clerical support; running various errands; assorted other tasks as needed. Some volunteers help with the administration of Easton Mountain, Inc. through reception, marketing assistance, fundraising administrative support, etc.

In return we offer the chance for participants to pursue their own spiritual goals. When possible, they may attend yoga classes, meditations, or other rituals that are not specific to the programs in session. You will have full use of the facilities, including pool, hot tub, sauna, and hiking trails during those times when workshop groups are not using those facilities. Healthy and tasty meals are provided, as well as shared housing. Upon completion of the work-study program (four week minimum), participants may attend a complimentary weekend workshop (blackout dates apply for certain programs).

The purpose of this application form is to help determine whether your participation in the Work-Study program would be of mutual benefit to you and Easton Mountain. We are seeking to establish an understanding of who you are, and to clarify your understanding of who we are. Due to Easton Mountain’s remote location and population, people’s ability to interact with fellow volunteers, supervisors, staff, and guests may be uniquely challenged. Please do your best to provide the requested information as it pertains to you. It is unnecessary to provide lengthy descriptions but rather clear and concise information.

Easton Mountain’s mission is to sponsor, develop and present workshops and other learning activities that promote wholeness, health, and peace; to foster the growth of spiritual community, respectful of all religious and spiritual traditions, that supports the integration and healing of all people. Easton Mountain, Inc. is a 501c(3) non-profit organization.

Please print clearly or type your responses.

Last Name:

First Name:

Address:

City State Zip:

Email:

Primary Phone:

Secondary Phone:

Emergency Contact Name:

Emergency Contact Phone:

Emergency Contact Relationship to Applicant:

Please list any medical conditions that would be helpful for us to know in case of an emergency:

Please list any medications you are taking that would be helpful for us to know in case of an emergency:

First and second choices of preferred dates you wish to participate in the program:

1. From _____ To _____

2. From _____ To _____

If we cannot accommodate either of these date ranges, would you accept a shorter time period within one of the date ranges? Yes ___ No ___

Please circle which areas you would like to work in:

- | | | | |
|-----------------------|----------------------------|----------------------------|------------------------|
| Kitchen | Construction/Woodworking | Word Processing | Fundraising |
| Housekeeping | Reception | Data Entry | Web Design/Maintenance |
| Garden | Gift Shop/Retail | Phone Calling | Graphic Design |
| Maintenance/Custodial | Administration/office work | Marketing/Public Relations | |

Other (Also note any special skills):

Please answer the following questions on a separate piece of paper or type below:

1. How did you hear about Easton Mountain Retreat Center?
2. What are you intending to accomplish through participating in Easton's Work-Study program? (What do you hope to gain? Why does this experience appeal to you?)
3. What qualities would you bring to the Work-Study Program?

4. Volunteers provide important service. How would you support Easton's purpose to provide guests with quality service?

5. Describe your general relationship with work, including your usual punctuality and attendance, your ability to give and receive direction, and your ability to maintain interest in your work.

6. What is your experience with group living situations? Why are you interested in this lifestyle?

7. Please share some insights about yourself. Where are you in your personal journey? What are your interests, aspirations?

8. What are three things you need in your life right now to nourish your sense of well-being? How might your participation in this program provide these things?

Please provide other information you feel is pertinent.

Previous Volunteer and/or Work experience

Describe your previous work and volunteer experience and skills using one paragraph. Highlight any work experience or skill in the following areas: housekeeping, cooking and food preparation for large groups, and general facilities maintenance. Also describe the number of years that you have worked at a particular trade or profession, and your skill level.

Please list three current or recent work-volunteer references:

Company/ organization:

Your position:

Supervisor:

Phone and/ or email:

Company/ organization:

Your position:

Supervisor:

Phone and/ or email:

Company/ organization:

Your position:

Supervisor:

Phone and/ or email:

To the best of my ability, I have truthfully provided the information requested in this application. Easton Mountain Retreat has my permission to make inquiries and verify all the statements contained in this application. I understand misrepresentation or omission of facts may be cause for dismissal.

Signed: _____ Date: _____

Thank you for being willing to contribute to Easton Mountain in this significant way!

Please mail your completed application to: Easton Mountain, Attn: Work Study Application, 391 Herrington Hill Road, Greenwich, NY 12834, or info@eastonmountain.com.

Please allow two to three weeks for processing this application. We will be calling you to speak with you about your application after that time. Don't hesitate to call if you have any questions or concerns about your application.